

In-Office Hemorrhoid Treatment in Houston, TX

Hemorrhoids are swollen veins that exist in and around the lower rectum and anus. These enlarged veins often cause a significant amount of pain, though are entirely treatable using at-home remedies and therapies. Individuals who experience frequent recurrence of hemorrhoids, or hemorrhoids that are especially painful, should seek medical attention from a surgeon at Bayou City Surgical Specialists for comprehensive treatment.

Causes and Symptoms of Hemorrhoids

Hemorrhoids can be either internal or external, meaning they may or may not be visible protrusions outside of the anus. Although not every case of hemorrhoids will have an exact cause, individuals are more likely to experience this condition if they:

- Have a family history of hemorrhoids
- Are obese
- Frequently strain during bowel movements or when lifting heavy objects
- Are pregnant
- Are between the ages of 45 and 65
- Remain sitting for long periods of time
- Frequently experience constipation or diarrhea

In addition to pain in the anal area, persons with hemorrhoids often report other common symptoms such as itching, swelling, irritation, and even painless bleeding of the rectal region. Any sort of unexplained bleeding will require a doctor's attention in order to accurately determine its cause and whether or not that cause poses any immediate threat to your health.

It is also possible for blood to pool in an external hemorrhoid, which may lead to the formation of a clot. This is known as a thrombosed hemorrhoid, which will lead to more severe pain as well as the development of a hardened lump near the anus.

Treatment for Severe Hemorrhoids

If all at-home remedies prove ineffective, or you begin to experience more alarming symptoms caused by hemorrhoids such as bleeding from the rectum or anus, please contact a doctor at Bayou City Surgical Specialists right away for proper treatment.

Rubber Band Ligation

This simple procedure uses tiny rubber bands that are placed around the hemorrhoid. Over the next few days, the rubber bands will continue to cut off blood flow to the hemorrhoid, which will eventually lead it to shrivel and fall away.

Sclerotherapy

Because hemorrhoids are simply enlarged veins, they can be treated in the same way as other common venous conditions like varicose veins or spider veins. One such treatment is called sclerotherapy, which involves injecting a special solution into the affected vein to shrink it, seal it off, and prevent it from becoming enlarged again in the future.

External Hemorrhoid Thrombectomy

Individuals suffering from a thrombosed hemorrhoid will require a unique procedure called an external hemorrhoid thrombectomy. The process is not nearly as intimidating as it may sound, as it is performed while the patient is under general anesthesia. During this treatment, the surgeon will remove the blood clot that has formed within the external hemorrhoid to effectively relieve the patient's symptoms.

Hemorrhoid Suture Ligation

One of the newer options is called a Transanal Hemorrhoidal Dearterialization, or THD, and involves using suture material to tie off the hemorrhoids in order to shrink them and then perform a "hemorrhoid lift". This provides relief from Grade 2-4 hemorrhoids and can get patients back to work quicker.

Hemorrhoidectomy

The surgical removal of a hemorrhoid, called a hemorrhoidectomy, has been a standard practice for many years. During surgery, the doctor will remove the hemorrhoid and excise the affected tissue while the patient remains sedated and completely comfortable. This provides long-lasting relief from hemorrhoids that are known to chronically occur in one particular area.

Schedule a Consultation

If you are suffering from chronic hemorrhoids and are not finding relief with over the counter medicine, give us a call today at (832) 942-8350 to discuss more on our in-office treatments.